



Ellie Whitehall

Aromatherapy | Massage | Facials

Signature Facials	(60 mins)	
Pure Radiance Facial – Rehydrating Rose for normal to dehydrated skin		£40
Intensely Nourishing Facial – Nourishing Orange Flower for dry skin types		£40
Purifying Facial – Purifying Palmarosa for oily skin		£40
Age Well Facial – Frankincense Intense for ageing concerns		£55

Experience the balance of body, mind and spirit through the power of nature with our exclusive Neal's Yard Remedies, natural and organic treatments to suit every skin type.

Holistic Facial	(30 mins)	£25
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Holistic facials are incredibly relaxing and your skin will feel fabulous after a cleanse, exfoliation, mask, massage, tone, eye treatment and moisturise using Neal's Yard Remedies products.

Holistic Massage - Full body	(75 mins)	£45
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Top to toe full body massage using a blend of organic base oils. Does not include any essential oils

Holistic Massage – Focus body treatment	(45 mins)	£30
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(30 mins)	£25
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A focused body treatment adapted to your needs using a blend of organic base oils. Choose the area of the body that needs some attention – e.g. legs and feet, back, neck and shoulders, face. You choose, it's your bespoke treatment. Does not include essential oils.

Aromatherapy Massage - Full body	(75 mins)	£55
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Top to toe full body aromatherapy massage using a blend of organic base oil and essential oils

Aromatherapy Massage - Focus body treatment	(45 mins)	£40
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(30 mins)	£35
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A focused body treatment adapted to your needs using a blend of organic base and essential oils. Choose the area of the body that needs some attention – e.g. legs and feet, back, neck and shoulders, face. You choose, it's your bespoke treatment

Reiki	(30 mins)	£15
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Reiki gently, yet powerfully, balances life energy - clearing energy blockages and promoting the body's own natural ability to heal itself.

With your first treatment please allow an additional 20 mins for a health consultation to determine your needs.

If you are pregnant or have a specific health condition, please make contact prior to booking your appointment to establish if massage is appropriate.